

TOOL 1 - CREATING ALLIANCE**Module: VISION
Worksheet****Objectives:**

Creating safe learning environments.

Creating ownership of their own process.

Creating mutual agreements as a group where every voice is being heard and respected.

Materials required:

Flip over chart

Sticky tags

Markers

Books and pencils

Step by step facilitation instructions:

- Co-leaders lead a brainstorming session on a flip chart.
- Make sure everyone participates in their preferred way.

Ask both for

- factors required for a safe space.
- What they can do/be/contribute with in creating a safe space.
- Make sure you write down everything they say.
- When the list is completed, add confidentiality and that “nobody gets to be wrong” if this is not brought up by any of the participants.
- Inform that the alliance will be attached to the wall, visible and dynamic meaning you will have regular check-ins and add/remove factors on behalf of the groups wishes and development.
- Attach the alliance on the wall, visible for everyone.

Expected duration

10 - 15 minutes

Expected outcomes

A sense of safety in the room.

Higher involvement.

The participants feel ownership to their own process.

The alliance will be regularly checked in throughout the coaching methodology to maintain the safe room throughout the whole time.

Autism-specific adaptations

Structured instructions and predictable flow - Flexible timing and reduced cognitive load. Environmental adjustments to minimise sensory stress.

VISUAL AND WRITTEN SUPPORT				
TYPICAL WORDS/SYMBOLS THAT ARE NEEDED FOR A SAFE SPACE				
				
Creativity	Confidentiality	Respect	Effort	Time
Humour	Acceptance	Bravery	Mastery	Patience
<u>CHECKLIST</u> • How many participants: • What worked and why: • What did not work as planned: • Number of participants who engaged: • Alliance completed and attached to the wall:				