

TOOL 10 - LOGICAL LEVELS

Module: IMPACT Worksheet

Objectives:

Summarize the process and highlight their own findings about themselves and their strengths.

Create their own unique and personal value-based plan for job transition. Writing their chosen and preferred job from the previous stages and from this define –

What are wanted and needed surroundings?

What are the next and concrete steps they need to do and when?

What are their qualities they will need in their future job?

What are their defined values that will be nourished in their future job?

Who are they becoming and how will they live from fulfilment in their future job?

Materials required:

Books and pencils

Flip over and markers in different colours

Step by step facilitation instructions:

Co-leaders present Logical Levels and its purpose.

Co-leaders ask one participant to demonstrate the Logical Level through while the group is observing the steps.

Everyone gets their own flip over chart to create their own Logical Levels. They all draw the template.

The next steps are done in plenary, step by step, they also read it aloud, step by step.

When everyone has one activity or word in each level, they work individually by filling out more content in each level – from what they have noted in their books throughout the process.

The final step is that everyone presents their logical level, choosing one activity or word from each level.

Read the exercise attachment from R2

Expected duration

45-60 minutes

Expected outcomes

A logic, clear and predictable action plan towards their job.

Seeing clear connections between their wanted job and their own strengths.

Realising what they have and what they need to succeed in work transition.

Rewarded highlights and summary for themselves of everything they worked on throughout the JobAut methodology.

A predictable and portable plan, easy to read and easy to present also for other relevant network for the participants.

Great everyday reminder for the participants to keep and to remind themselves of ways to stick to their plan and live a life aligned with their own values and fulfilments.

Autism-specific adaptations

Structured instructions and predictable flow - Flexible timing and reduced cognitive load. Environmental adjustments to minimise sensory stress.

VISUAL AND WRITTEN SUPPORT

PICTURE OF THE LOGICAL LEVELS



CHECKLIST

- What worked and why:
- What did not work as planned:
- Number of participants who engaged:
- Number of participants with a completed Logical Levels:
- Number of participants with a chosen and clear goal on top:
- Debrief completed: